

NPA's 38th Annual Conference

March 9-11, 2017 | Atlanta, Georgia

Perinatal Mental Health: Advocating for the Health and Wellbeing of Families

Statistics show that approximately 1 in 7 mothers is diagnosed with a Postpartum Mood and Anxiety Disorder (PMAD). But that number doesn't describe the true extent of PMAD's impact. When mood disorders manifest, their effect ripples through the whole family unit, affecting everyone — including the infant.

In the past, our community reacted with a mix of denial, stigmatization, and criminalization. As our understanding has improved we've offered more effective tools like in-patient hospitalization, medication, and community support. But it's time to broaden our approach even further.

If we are truly going to help families, we need coordinated, collaborative, interdisciplinary solutions.

The National Perinatal Association's 2017 conference will bring together clinicians, providers, policy makers, parents, and patient advocates to discuss how we can better collaborate across the spectrum of care. Our goal is simple... let's join together to EDUCATE, ADVOCATE, and INTEGRATE!

The Speaker and Poster Committee of the National Perinatal Association invites you to submit an abstract for consideration for speaker or poster presentation at the annual conference.

Any abstract with an application in perinatal mental health is acceptable; however, we encourage those that address the multidisciplinary approach to perinatal mental health.

Abstracts may describe contributions to theory, policy development, program development and evaluation, delivery of services, or research.

We are particularly interested in abstracts focusing on recent developments in perinatal mental health care; range of perinatal mood and anxiety disorders (PMAD); improving outcomes for mothers, fathers, and infants; and the theme of this conference.



Educate. Advocate. Integrate.

Abstract submission guidelines:

- All abstracts must be submitted to submissions@nationalperinatal.org by **October 15, 2016**.
 - Accepted abstracts will be posted on the NPA website. www.nationalperinatal.org
-

There are **three categories** for submissions:

- Innovative Models of Care
- Applied or Basic Research
- Policies affecting care for families affected by Perinatal Mood and Anxiety Disorders (PMAD)

We encourage the submission of abstracts previously presented at State Perinatal Associations meetings. Abstracts previously presented at other scientific conferences are also invited.

Abstracts should be structured according to the following formats:

- INNOVATIVE MODELS OF CARE
 - Background
 - Content/Action
 - Lessons Learned
 - Implications for Practice
 - RESEARCH
 - Introduction
 - Methods
 - Results
 - Discussion
 - POLICIES - Perinatal Mood and Anxiety Disorders (PMAD)
 - Introduction
 - Context
 - Practice Application
-

Format:

Spell out all abbreviated terms at the first mention, followed by the abbreviation in parentheses, which can be used subsequently.

Produce unusual symbols in **black ink**.

Use the **“Times” font, size 10** or equivalent.

Abstracts must be submitted electronically as e-mail attachments. Faxed abstracts will not be accepted. Abstract submissions cannot be returned to sender.

Send your submission in **2 pages or less** in MS Word format with 1” margins to submissions@nationalperinatal.org by October 15, 2016.

Carefully proofread your abstract. Your copy will be reproduced exactly as submitted.

Please indicate if you wish your abstract to be used as a speaker presentation or a poster presentation or either. Submission of an abstract for either speaker or poster presentation does not guarantee acceptance. Submissions will be blind-reviewed in the category indicated. Notification of the decision regarding acceptance will be e-mailed to all principal authors by December 1, 2016

Although presentation of materials in a previous national abstract or poster session does not preclude submission to NPA, **please note on the abstract form whether or not this abstract has been previously presented**, where and when.

You do not need to be a member of NPA to submit an abstract. But we invite you to join.

www.nationalperinatal.org/membership

If you have any further questions, please feel free to contact the NPA at info@nationalperinatal.org or call (888) 971-3295.

www.nationalperinatal.org

 **National
Perinatal
Association**

Educate. Advocate. Integrate.