5 THINGS
FAMILIES CAN DO
TO CELEBRATE

## NICU 6 AWARENESS

- Send treats and thank you notes to NICU staff.
- Share Then & Now pictures of your NICU graduate to inspire hope.
- Do random acts of kindness in honor of your NICU baby.
- Share your story on social media using the tag #NICUAwarenessMonth.
- Wear green in honor of your NICU baby.

This project is a collaboration between







www.nicuawareness.org www.nationalperinatal.org/NICU\_Awareness