

# NICU Awareness 2020

EACH SEPTEMBER WE CELEBRATE

## Neonatal Intensive Care Awareness

### When a Baby Needs Specialized Care

Pregnancy is a time filled with hope and expectation. Every family hopes for an uncomplicated birth and a healthy baby. But sometimes the unexpected happens.

Every year more than half a million babies are admitted to a neonatal intensive care unit, otherwise known as a NICU.

### Did You Know? It's not just preemies.

- Advances in neonatal medicine mean that more infants can benefit from the specialized care that NICUs can offer.
- Nearly half of all babies in the NICU are born at normal-birth-weight and are 37 weeks gestation or older.
- We need to do more research and collect more data. While the efficacy of NICU care for premature babies is undeniable, we don't know if this is true for the entire NICU cohort.

### Conditions that NICUs Treat:

- complications of prematurity
- birth anomalies
- brain injury
- cardiac conditions
- infection
- jaundice
- Neonatal Abstinence Syndrome (NAS)
- respiratory distress



Level I	Level II	Level III	Level IV
Newborn Nursery	Special Care Nursery	Neonatal Intensive Care Unit	Neonatal Intensive Care Unit +
Routine Care	+ Temporary breathing support	+ Full respiratory support	+ Available pediatric surgical subspecialists.

\* See *Guidelines for Perinatal Care, 8th Edition*

- Sept. 26 NICU Remembrance Day
- Sept. 27 NICU Giving Day
- Sept. 28 NICU Staff Recognition Day
- Sept. 29 Sibling Support Day
- Sept. 30 Neonatal Intensive Care Awareness Day