

## 2018 End-of-the-Year Report

**OUR MISSION:** *Our shared purpose is to give voice to the needs of pregnant people, infants, their families, and their healthcare providers so that collectively we can have the greatest positive impact on perinatal care in the United States.*

### CURRENT INITIATIVES AND WORKGROUPS

NEW IN 2019



Interdisciplinary Guidelines for NICU Discharge Planning

UNDER DEVELOPMENT



BEST Milk Recommendations

EXPANDING

NICU Staff Education



NEW COURSES

REVISING and UPDATING

Guidelines for Care of Late Preterm Infants



### NPA PROMOTES HIGH-QUALITY PERINATAL CARE CARE THAT IS...

#### FAMILY-CENTERED...

Families need coordinated care as they make the transition from NICU to home. Our *Guidelines and Recommendations for NICU Discharge Preparation and Transition Planning* will set standards to meet those needs.

#### INTERDISCIPLINARY...

The babies we care for have special developmental and nutritional needs. Our **BEST Milk** workgroup members are creating interdisciplinary guidelines and recommendations for the promotion, support, and achievement of optimal infant feeding.

#### EVIDENCE BASED.

Until recently, the needs of late preterm infants were poorly understood. That changed with the 2015 publication of NPA's **Multidisciplinary Guidelines for the Care of Late Preterm Infants**, which we will revise in 2019.

#### ANNUAL CONFERENCES

NPA conferences are unique.

##### Timely Advocacy

We tackle timely topics and issues...

##### Innovative Solutions

And promote successful care models.

##### Interdisciplinary Perspectives

We bring together experts from across disciplines.

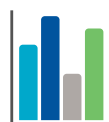


2018 Conference

SOLD OUT

Perinatal Substance Use: Evidence-Based Solutions and Support for the Family

2018 Conference 26 speakers, 7 program models, 18 posters, 6 student scholars, 5 advocacy scholars, 3 awards.



2019 Conference

REGISTERING

Improving Access to Perinatal Care: Confronting Disparities and Inequities in Maternal-Infant Health

WE BELIEVE THAT - AS CITIZENS - WE HAVE A RESPONSIBILITY TO SERVE OUR COMMUNITY AND ADVOCATE FOR THE MOST VULNERABLE FAMILIES.

### ADVOCACY:

- Prematurity and Neonatal Care Awareness
- Respiratory Syncytial Virus (RSV) Prevention Clinical Practice Guidelines
- Addressing the Needs of Migrant Families

### POSITION STATEMENTS:

- Perinatal Mood and Anxiety Disorders
- Perinatal Substance Use
- Care of Women Presenting to The Emergency Department with Pregnancy Loss



### PROFESSIONAL EDUCATION AND DEVELOPMENT:

In 2015 the National Perinatal Association published our *Interdisciplinary Recommendations for the Psychosocial Support of NICU Parents* in a special supplement of the Journal of Perinatology. In 2018 we used the guidelines to develop an innovative online course, *Caring for Babies and Families: Providing Psychosocial Support in the NICU*. Since then more than 500 participants have signed up for the course and hundreds of credit hours have been awarded.



### PROGRESSIVE LEADERSHIP A 40-year history of interdisciplinary leadership.

NPA's diverse leadership reflects its diverse membership. Since its inception, NPA has brought together leaders from across disciplines to share, listen, and learn from each other. We are advancing perinatal care... together.



### FAMILY ADVOCACY

NPA places families at the center. We are uniquely committed to promoting parent voices and leadership.

- NPA's Family Advocacy Network (FAN) partners with the Preemie Parent Alliance (PPA) to produce webinars that educate and empower Parent Advocates.
- In 2018 we created the Hatfield & Hynan Parent Scholarship to support parent participation.
- In 2019 NPA welcomes two new parent board members.



### STUDENT SOCIETY

NPA is a place to find mentors and to contribute. Our student society (NPASS) members are represented on our board and in our workgroups.

- In 2015 we established the Dr. Albert "Al" Pizzica Scholarship.
- In 2016 our first NPASS chapter was established at Baylor College of Medicine.
- In 2017 we welcomed SUNY Downstate Medical Center.
- For 2019 we invite new chapter members to join our community.

### JOIN US



Become part of a growing community of smart, like-minded perinatal leaders.

- Sponsor, exhibit at, and attend our 2019 conference in Rhode Island.
- Join an interdisciplinary workgroup.
- Sign on to our advocacy efforts.
- Become an institutional or corporate member.