

# RSV Is a Really Scary Virus:

Help me  
stay healthy  
this RSV season.



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Print  
the  
front.



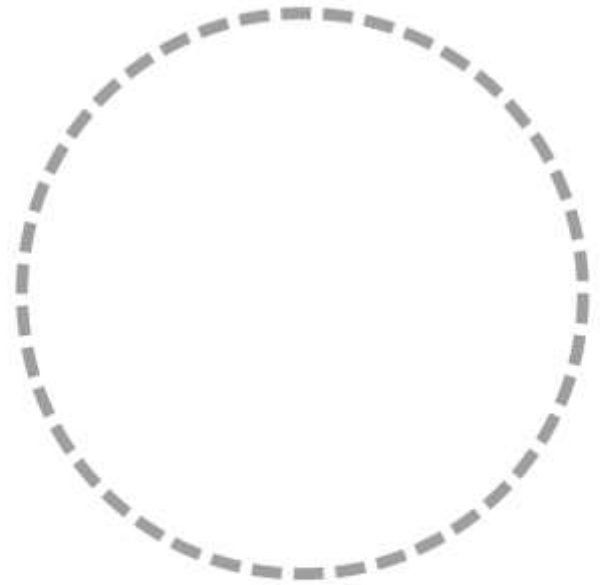
wash your  
hands



cover coughs  
and sneezes



ask about  
protective  
injections



Flip over  
the paper  
to print  
the back.

## Respiratory Syncytial Virus:

What you need to know.

RSV is a common virus that is easy to spread during cold & flu season.

It can be dangerous for babies.

RSV clogs little lungs, making it hard to breathe.

Some babies - like those who were born early, have heart problems, or have chronic lung conditions are especially vulnerable.

Talk to your doctor about how you can protect your family and stop the spread of RSV.

[www.nationalperinatal.org/rsv](http://www.nationalperinatal.org/rsv)

\*See the NPA's evidence-based guidelines at