

3/9/2017

# Thursday

8:30-11:30 FREE Seminar sponsored by NPA's Family Advocacy Network

Making the Connection: Building a Network for Reliable Support with Birdie Meyers, RN, MA, CLC

Caring for Ourselves: Support for the Mental Healthcare Professional with Cheryl Milford, EdS

www.nationalperinatal.org/fan

Participants are eligible for 3 credit hours.

Conference Registration 8:00 to 4:00

1:00-1:30 Welcome  
Amy Akers, NPA President  
Andrea Werner Insoft, LICSW, ACSW

1:30-2:30 Perinatal Emotional Complications: What are They and Who is At Risk?  
Margaret Howard, PhD

2:30-3:30 Parent Advocate Panel - PMADs' Impact on the Family  
Moderated by Erika Goyer, Panelists - Keira Sorrells, Jenné Johns, MPH, Kate LeBlanc, BSW, MSPA

3:30-4:00 Break - Snacks - Exhibits - Posters

4:00-5:00 Early Identification and Linkage for PMADs  
Sarah Schwartz, MSW, MBA, MHA

NICU Screening Tools  
Amy Baughcum, PhD

The Emotional Impact of Infertility  
Kate LeBlanc, BSW, MSPA

5:00-6:30 Cocktail Reception  
Please join us for a cocktail as we end our day.  
View Posters - Visit Exhibitors

Dinner on Your Own or with Colleagues

3/10/2017

# Friday

Conference Registration 8:30 to 5:30

9:00-9:10 Welcome  
Jenene Woods Craig, PhD, MBA, OTR/L

9:10-10:10 Vision of the Future of NPA  
2017 NPA Awards  
Amy Akers, President

10:10-11:10 Role of a Psychologist in the NICU  
Chavis Patterson, PhD

11:10-11:30 Break - Exhibits - Posters

11:30-12:30 Bolstering Clinical Competency  
Elizabeth O'Brien, LPC  
Cassie Owens, LPC

The Momma Hotline  
Michele Woods, BSN, RN, BC-NE  
Mary Ellen Wright, PhD, APRN, CPAP

Center for Early Relationship Support  
Andrea Werner Insoft, LICSW, ACSW

12:30-1:30 Lunch

1:30-2:30 What We Talk about When We Talk about Mental Health  
Kara Wahlin, MFT

2:30-3:30 Strength, Empowerment, & Resiliency: Pregnancy and Substance Use  
Heather Howard, PhD, MSW, LICSW  
Ria Tsinas

A Trauma Informed Understanding of Postpartum Psychosis  
Diana Lynn Barns, PsyD

Milk as Medicine  
Terry Johnson, ANP, NNP, CLEC, ASPPS, MN

3:30-4:00

Break - Exhibits - Posters

4:00-5:00 Interdisciplinary Neuroprotective Care in the NICU and Perinatal Mental Health  
Cheryl Milford, EdS  
Jenene Woods Craig, PhD, MBA, OTR/L

5:00-5:30 2017 NPA Awards  
Poster Awards

Dinner on Your Own or with Colleagues

3/11/2017

# Saturday

9:00-9:10 Welcome  
Stephen Lassen, PhD

9:10-10:10 Current Trends in Perinatal Mood Disorder Treatment: Pharmacological Intervention In Pregnancy, Postpartum and Lactation  
Susan Myers, RN, MSN, PMHNP-BC, ANP

10:10-11:10 Panel - Antenatal and Postpartum Mental Health Management  
Moderated by Erika Goyer  
Susan Altman, DNP, CNM  
Jerry Ballas, MD, MPH  
Stephen Lassen, PhD  
Viveka Prakash Zawisza, MD  
Toby Goldsmith, MD

Birthing Healthier Families ©  
Mara Acel-Green, LICSWP

11:10-11:30 Break

11:30-12:30 Future of Perinatal Mental Health: Multidisciplinary Center-Based Treatment Model  
Lisa Tremayne, RN, CPPD, CBC, CCE

12:30-1:00 Closing Remarks

See You in 2018

## General Sessions

Legacy Ballroom

## Breakout Sessions

1 - Legacy Ballroom

2 - Salon IV

3 - Salon V

Go to our conference website to see:

- the agenda
- session descriptions
- speakers' bios

and to download handouts.

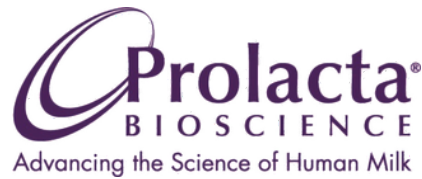


[nationalperinatal.org/2017-Conference](http://nationalperinatal.org/2017-Conference)



CMEs (11), CEUs (13) and CEs (11) available at no additional fee through our Joint Provider PAC/LAC

## Thank You to Our Sponsors



## Thank You to Our Exhibitors



MARCH 9-11th

# PERINATAL MENTAL HEALTH

Advocating for the Health and Wellbeing of Families



2017 AGENDA



Educate. Advocate. Integrate.